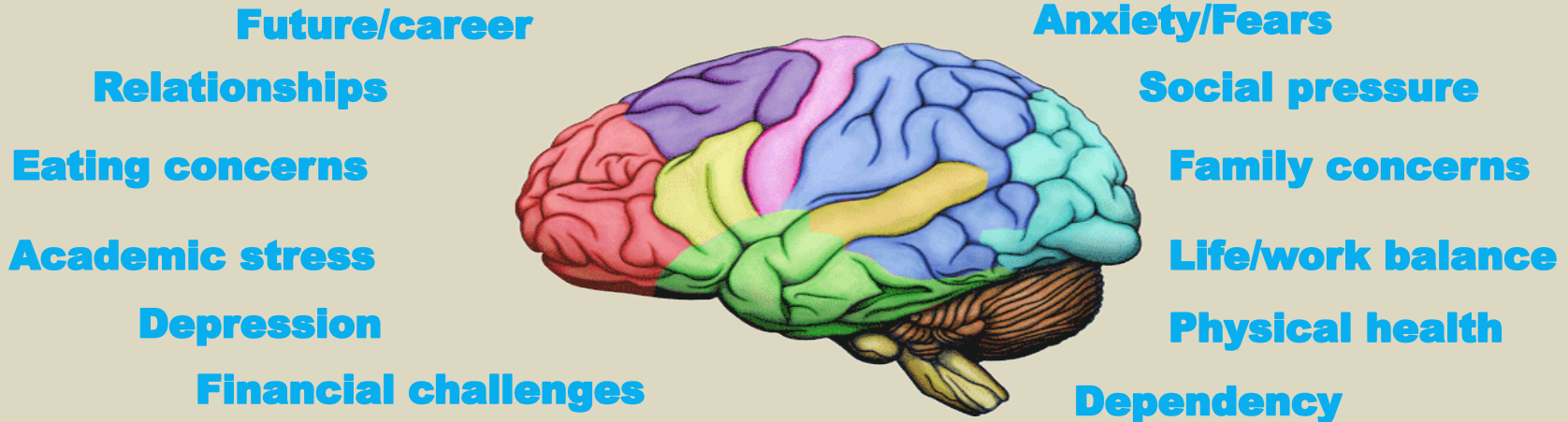


# DEPARTMENT OF COUNSELING

## WHAT'S ON YOUR MIND?



### Talking helps...

Join this weekly group for a safe and supportive place to create dialog among students about **what's on your mind.**

**Day: Thursdays, Time: 1:30pm – 2:30pm**

**Room: L 68.27 NB**

**Contact: Rachel Shanken, LMHC**  
[rshanken@jjay.cuny.edu](mailto:rshanken@jjay.cuny.edu)  
646-557-4808

**Department of Counseling,**  
524 West 59<sup>th</sup> Street, L68.00 NB